

**GIRLS 6A & 5A DIVISION 2 REGIONALS 2022**

**MARCH 3rd, 2022**

**PROSPER HIGH SCHOOL ARENA**

Coaches-

The following will be the itinerary for the THSWPA Region 6 – 6A and 5A Div. 2 Regional Powerlifting Meets, along with some reminders that might be helpful.

**If Regional Director is not notified of scratches before 4:00 pm Monday March 21st the school is responsible for the entry fee**

**Checks for the lifter fees need to be made out to Prosper ISD Athletics Attn: Powerlifting.**

**The fee is $35 per lifter.**

**WEDNESDAY MARCH 2nd -- Early Weigh-ins**

– Early Weigh ins will start at 5:00 pm and finish at 6:30 pm

– We will have 2 separate weigh-ins. One for 6A and one for 5A Div 2.

– Only 1 team will be allowed in the weigh-in room at a time.

**THURSDAY MARCH 3rd**

**5A DIV. 2 INFO. 6A INFO.**

6:30 am - 8:00 am : Weigh-ins 10:30 am - 12:00 pm : Weigh-ins

8:15 : Judges Meeting 12:15 : Judges Meeting

8:30 : Coaches Meeting 12:30 : Coaches Meeting

8:55 : National Anthem 12:55 : National Anthem

9:00 : Bars Loaded 1:00 : Bars Loaded

**State Qualifying totals**

**97.5 - 550**

**105.5 - 625**

**114.5 - 675**

**123.5 - 725**

**132.5 - 775**

**148.5 - 800**

**165.5 - 825**

**181.5 - 850**

**198.5 - 875**

**220.5 – 900**

**259.5 - 925**

**SHW – 950**

We will be presenting awards after each weight class is completed with competition. Superlatives will be given at the end of the meet.

**Helpful Reminders**

- Bring the State and Regional release forms, drug testing affidavits, and eligibility forms to Weigh-in.

- Bring any scholarship applications (must be seniors, 1 application per school)

**-** Any lifter who qualifies in more than one weight class **must declare by the Monday following the last qualifying date before 4:00 p.m.** If no declaration is made, the Regional Director will assign the lifter to the heaviest class in which she has qualified.

**Information for Spectators**

$5.00 admission for adults, and $2.00 for students

No Spectator will be allowed in the Competition Area

Tickets can be purchased at

**ticketspicket.com**

**TICKETS WILL BE AVAILABLE STARTING MONDAY THE 28th**

[THSWPA 5A Div. 2 Regional Championship - 9 am](https://events.ticketspicket.com/agency/5c5858a2-f275-469c-9192-5d956f6b06a5/events/bad32b75-6ff2-43e3-9038-7b964c5aaf36)

[THSWPA 6A Regional Championship - 1 pm](https://events.ticketspicket.com/agency/5c5858a2-f275-469c-9192-5d956f6b06a5/events/b8352071-a725-400e-b17d-fda548c948e5)

Thank you,

Brian Thompson

(903) 263-8653

bwthompson@prosper-isd.net