**2015 GIRLS REGIONALS**

**REGION V DIVISION 2&3**

**Regional Meet**

**March 7, 2015**

**Email me immediately with any Misspelled Lifters Names**

**sliska@pisd.us**

***\*\*\* Items D, E, G, I were copied directly from the THSWPA Rule Book\*\*\****

D. Any lifter who qualifies in more than one weight class must declare to the regional director which class she intends to compete in at the regional level. This declaration must be made by the Monday following the last qualifying date before 4:30 p.m. If no declaration is made, the regional director will assign the lifter to the heaviest class in which she has qualified. Also, at this date and time, each school becomes responsible for the entry fee for each lifter they have qualified. (Monday, February 23rd 2015)

E. Lifters may only compete in the weight class in which they qualify at both the Regional and State level. Failure to make proper weight will eliminate the lifter from all competition.

G. Each lifter, coach, and school must provide certified proof of Scholastic Eligibility under U.I.L. guidelines prior to competition at the Regional and State level. These forms can be found on the website, www.thspwa.com .

I. Coaches are required to notify Regional Directors if a Regional or State qualifier cannot participate in these meets so the alternates may be allowed the opportunity to lift.

 If you have a lifter that cannot compete for any reason, please contact me **ASAP** so that the next athlete can be bumped up. If your lifter were sitting in 11th-13th place, I would advise you to bring them to compete just in case there is a no-show or another athlete doesn’t make weight. One quick note, if you bring an 11th -13th place make a separate check for them, because there will absolutely be no refunds if the check is made out for over the amount. On **Friday Feb. 27th after 4pm you will be responsible** for the entry fee of your lifters whether they compete or not.

**Things to bring: (on March 6th or March 7th to Pleasanton)**

**A. Entry Fee $35.00 per lifter**

**B. Make checks out to: Pleasanton ISD**

**C. Eligibility** list from the rulebook, which can be obtained on the thswpa.com website; needs to be signed by your HS **principal or superintendent**

**D. Scholarship Applications:** If you have a senior you want to submit for a chance at a scholarship…It MUST be turned in at Weigh-In or the day of the Regional meet.

Respectfully,

Stephen A. Liska **Cell# (210)710-2464**

Region V Division 2&3 Director