***thswpa region 5 division 1 championships***

***hosted by psja memorial echs***

**meet location**

***psja southwest echs gymnasium***

**300 e. el rancho blanco rd. pharr, texas 78577**

**itinerary**

**weigh ins**

**friday at psja southwest echs gymnasium**

**5:30 – 7:00 pm**

**saturday at psja southwest echs gymnasium**

**6:00 – 7:30 am**

**judges meeting 7:45 am**

**coaches meeting 8:00 am**

**national anthem 8:20**

**lifting begins 8:30**

**entry fee is 35.00 per lifter**

**make checks payable to**

***Edcouch Elsa Athletics***

**do not mail checks**

**rules will be in strict accordance to the thswpa rule book**

***information for spectators:***

**admission for all spectators is $5.00**

**no spectators will be allowed on the gym floor**

**full concession available**

**regional shirts available**

**regional qualification can occur three ways**

* **top 12 lifters from each weight class**
* **meet regional qualifying totals (thswpa rulebook)**
* **top 2 lifters 5a/6a in each weight class**

**regional qualifiers requirements**

* **must be a current member of thswpa.**
* **must be eligible by u.i.l. standards.**
* **if qualified in more than one weight class, must have declared which weight class they will compete at the regional meet by 4:00 pm monday february 19, 2018. failure to do this the qualifier will lift in the heaviest class that she has qualified.**
* **completed paper work – regional release form / eligibility form / drug forms. these forms can be found on our website thswpa.com.**
* **make weight in weight class qualified.**
* **pay entry fee of $35.00.**
* **if qualifier does not plan on competing at the regional level her coach must contact meet director by monday, february 19, 2018 so that we can notify the alternate. your school will be charged for any lifter that qualifies but does not compete.**
* **contact meet director with any spelling corrections as to eliminate double entries and clarify alternates.**

**qualifying packets will contain:**

* **2 coaches meal tickets / 2 coaches wrist bands**
* **lifter bands will be put on by weigh in judge upon weighing in – lifters band replacement before lifting starts are subject to re-weigh.**
* **wrapper bands will be issued on number of lifters competing**
* **17 + - 5 bands**
* **13-16 – 4 bands**
* **8-12 – 3 bands**
* **4-7 – 2 bands**
* **1-3 – 1 band**

**note: anyone without a band will not be allowed on the floor. More will be sold at the Registration Table. Only 2 per team will be sold at $5.00 a piece.**

***scholarship applications: if you have a senior you want to submit for a chance at a scholarship…it must be turned in at weigh-ins or the day of the regional championships. region 5 will be giving out five scholarships this year one to each classifications.***

**we will run a live meet on website no hard copies will not be posted.**

**any questions you can contact meet directors:**

**patrick boutwell @ 956-572-6708 –** [**patrick.boutwell@psjaisd.us**](mailto:patrick.boutwell@psjaisd.us)

**mike evans @ 512-644-9087 – michael.evans@psjaisd.us**

**region 5 division 1 director christian navarro @ 956-250-2076 – cnavarro@eeisd.org**