***THSWPA REGION V***

***2023 REGIONAL CHAMPIONSHIPS***

**BERT OGDEN ARENA**

**4900 S. I-69C**

**Edinburg, TX 78539**

***ENTRY FEE $50 PER LIFTER***

***CHECKS PAYABLE TO***

***THSWPA***

***packets will include***

***1 wrist band (coach) more than number of lifters up to 3 wristband max***

***state qualifying lifters will receive wristband upon being weighed in***

***you may purchase up to 2 wrapper wristbands per team @ $10.00 each at registration***

***regional meet itinerary***

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| ***tuesday night february 28th*** **early weigh ins** **6A – 3:00 – 4:30****5A I – 4:00 – 5:30** **5A II – 5:00 – 6:30*****DHR HEALTH SPORTS & WELLNESS CENTER******315 E. PALM DR. / EDINBURG, TX 78539*** |
| ***wednesday march 1st*** **weigh ins - bert ogden arena****7:00 – 8:30 AM****6A / 5A-I / 5A-II****JUDGES MEET AT 8:15****COACHES MEET AT 8:45****BARS LOADED AT 9:30****early weigh ins****4A I – 4:00 – 5:30** **4A II – 5:00 – 6:30*****DHR HEALTH SPORTS & WELLNESS CENTER******315 E. PALM DR. / EDINBURG, TX 78539******thursday march 2nd*** **weigh ins - bert ogden arena****7:00 – 8:30 AM****4A-I / 4A-II****JUDGES MEET AT 8:15****COACHES MEET AT 8:45****BARS LOADED AT 9:30** |