# **Powerlifting Coaches**

How to request a Coach's account to allow for creation of a team roster.

1. On the THSWPA home page under the I Am A menu, click on Powerlifting Coach.



2. Select your **Region**, **Division** and **Team** from the lists. Then enter your name. When you're done click **Setup My Coach's Page**.

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Home	I Am A	Association	Documents

Changing your Coach's page ...

Your Region	Your Division	Your Team	
Region 1 - West Texas 🔺	Division 1 - 5A & 6 🔺	Alba-Golden	*
Pegion 2 - Central Texa	Division 2 - 4A	Alto	
Region 3 - East Texas	Division 3 - 1A, 2A	Apple Springs	
Region 4 - Gulf Coast		Arp	
Region 5 - South Texas		Atlanta	
Region 6 - North Texas 👻		Avalop	Ŧ
Your Name First John Last Smith Setup my Coach's	page		

3. Click **Team Account** to request your account.

Coach's Page for John Smith, Atlanta
Tools
Team Account - Request a team account so you can build a
Notor
Team Roster - Manage your team roster

Team Browser - Locate results by team.

4. Fill in the entire form then click Request Account.

#### Request THSWPA Coach's Account

Please enter the following:

If you have already received your password from your regional director, click here to login.

First Name	John		)	Last Name	Smith	٦
School Email	jsmith@atlantaisc	l.org	]			
Cell Phone	444-555-6666		]	School Phone	234-567-8901	
User Name	jrsmith5023		(An	y combination	of numbers or letters, no spaces or special characte	ers)
Region Region 1 - We Region 2 - Ce Region 3 - Ea Region 4 - Gu Region 5 - So Region 6 - No	est Texas ntral Texas st Texas lf Coast uth Texas rth Texas	Division Division 1 - 5A & 6A Division 2 - 4A Division 3 - 1A, 2A, 3	3	Team Alba-Golden Alto Apple Springs Arp Atlanta Avalon Avery Avinger Beckville	5	

Please Note: When you click Request Account, your info will be sent to the regional director from your selection above. Your director will verify your account and send you your password.

Request Account

5. You will receive verification of your request.

## Request THSWPA Coach's Account

Your team account request has been sent to your regional director. When you receive your password you can use the Sign In option to log in to your account.

6. Your regional director will send you your password for the account. When you receive your password you can return to the THSWPA website and log in.



7. After you've logged in, go back to your Coach's Page, then click **Team Roster**.

### Coach's Page for John Smith, Atlanta



8. To enter an athlete, first click **Add New Athlete**. Then click the **Edit** button next to the new athlete.

#### THSPA Team Page for Atlanta

Team Roster

Please make sure your team roster is up to date

Add New Athlete								
First Name	Last Name	Grade	Wt. Class					
		0			Edit	lelete		

9. Edit the athlete's info then click **Update** to save your changes.

Add New Ath	lete					
First Name	Last	Name	Grade	Wt. Class		
Mitch	Kaufman		10 🗸	198 🗸	Update	Cancel

10. Continue until your roster is complete. You can return to this page at any time during the season to update your roster.