Coaches,

Mother Nature threw us a curveball, but we will adjust and thrive. I apologize for the postponement of the meet, but the safety of our lifters and spectators took precedent.

Here is the preliminary schedule of events on Monday. I am trying to add an extra platform or two to the meet to help us move along quicker. I will give you finalized platform assignments on Monday.

If you have any questions, please do not hesitate to ask.

 Thank you,
 Brian Clark
 (972) 822-1178
 brianclark9784@gmail.com

**Preliminary Schedule of Monday’s Events**

1:00 – 2:30 pm Weigh In
3:00 – 3:30 pm Coaches Meeting
3:45 pm Judges Meeting
3:55 pm National Anthem
4:00 pm Lifting Starts
End of meet Presentation of Awards

*There will be a 15 minute break after both squat and bench.*