

THSWPA Region 2 Division 1 and 1A-6A

Unequipped 2026 Letter

Coaches,

My e-mail address is: andrew.allen@dvisd.net if you have not received an e-mail from me in the past please send me a message so I can add you to my contact list. Coaches, please complete the Google form so I have all coaches' contacts, equipped and unequipped.

Here is some other information that might be helpful,

Results need to be emailed to me by 4:00 p.m. on the Monday following your meet.. Please send me word if you are hosting a meet, at least one member of the powerlifting coaching staff must be a certified judge on the girls' test accessible on boys' website.

****IMPORTANT UPDATE FOR THE 2026 SEASON****

The THSWPA will continue to have the **UNEQUIPPED DIVISION** (1A-6A combined to 1 division) we will take the top 12 lifters in each weight class from 1A to 6A combined.

Results: We will only use the Power-Score system for the rankings again this year. This is a free download and is a very easy system to use at the meets. All meets must use this form and send it to me in this format. Results sent to me in any other format **WILL NOT** be included in the rankings.

Dues: Boys and Girls' dues are sent to different places, so please inform your business department accordingly. State dues are \$100.00 and must be postmarked by February 1, 2026. Late dues will be \$200.00 and will only be accepted until February 14th, 2026. Any dues postmarked past that date will be returned, and your lifters will be disqualified from the Regional meet. Please make sure your business department is also aware of this deadline. Complete the registration form and send it along with payment to:

THSWPA

PO Box 3021

Brownsville, Texas 78523

(This is not the address for the Girls & Boys; make sure to mail TWO checks for your dues.)

Last Meet: The last qualifying date will be Saturday, February 21, 2026. All judges MUST be certified for a last qualifying meet. All results from the last qualifying date must be sent to me by midnight, February 21, 2026. Weight class & Unequipped declarations must be made by 4:00 p.m. on Monday, February 23, 2026. If I do not hear from you and you have a lifter who is in the top 12 in two weight classes, she will be placed in the heavier weight class, and if she is unequipped and equipped, she will be declared equipped.

Regional Meets:

- Unequipped March 5, 2026 (After 5 PM) Early weigh-ins will be available.
- 6A Equipped March 6, 2026 (After 5 PM) Early weigh-ins will be available.
- 5A Equipped DI March 7, 2026 AM and 5A DII in the PM. Early weigh-ins will be available.

MAKE CHECKS OUT TO: Del Valle Powerlifting The entry fee for ALL meets will be \$50 per lifter:

Tickets- We will send out more details as the meets get closer.

State Meet: The state meet will be in Edinburg Tx. March 18-21st, 2026. More information to come on this ASAP.

Rule Clarifications:

The UPDATED Rule book will be posted with changes highlighted once it is finalized. All Changes will be highlighted in yellow. Remember that you must take the judges' test before LCQ Weekend February 21, 2026.

Qualifying for Regional and State Competition:

Equipped: The top 12 lifters from each division will qualify for the Regional competition. There are three ways to qualify for Regionals: be in the top 12 of your weight class for your division, reach your weight class's automatic total or be one of the top 2 lifters from your UIL classification.

There are three ways to qualify for State: place in the top two at Regional competition, reach your weight class' automatic total at the Regional meet, or be one of the top 2 lifters in your UIL classification at the Regional meet.

Unequipped: The top 12 lifters in the weight class with all divisions combined will lift at Regionals, and only the top 2 from each weight class will advance to state.

Finally, Coaches, please have your kids sign up for the scholarships. Again this year, the THSWPA will give 5 - \$1000 Scholarships per region. Very important that the scholarship packet is complete, or it will not even be considered (all letters, application and transcript.)

Good Luck to you all, and I hope to see you around at the meets. If any rules, questions, or general concerns, please call or email me. (512) 233-9694

Andrew Allen

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THSWPA Region 2, Director Divisions 1 Equipped & Unequipped

Del Valle HS