***Revised 2-16-19: Girl’s Region I- Division III Meet Information 2019***

I hope this letter finds you in the preparation stage for the regional meet and I wanted to send some information to you regarding some of the specifics of the meet.

**DATE:** Friday, March 1st, 2019

**PLACE:** Seagraves High School

**FEE:** $35 per lifter (Checks to: Seagraves ISD) You will get a receipt for the required fees. No charges allowed on lifter fees

**PAPERWORK: BRING THE ELIGIBILITY FORM & REGIONAL/STATE RELEASE FORM** found on website (Steroid affidavit and second eligibility form required for state meet, Also **Scholarship applications**)

**WEIGH INS:** Thursday-5 pm -6:30 pm

Friday- 6:30am-8:00 am

**FRIDAY MEET TIMES:** Judges Meeting 8:00 am

Coaches Meeting 8:15 am

National Anthem 8:55 am

Lifting Begins 9:00 am

**MEALS**: Seagraves Eagle Booster Club will be offering a $7.00 meal deal consisting of a hamburger, chips, candy bar and drink.

**Hotel Accommodations**: Lubbock is an hour away with hotels at a more expensive rate possibly available in Seminole or Brownfield.

**Location of meet and weigh-in**: Weigh in will be at Seagraves High School Gym.

**This will be a 5 platform meet!**

The top 12 lifters from each weight class will be taken in each division

Declarations for multi weight class qualifiers is Monday, February 18th by 4 pm or they will be put in the higher weight class.

If your lifter is not going to lift at regional for any reason:

**IT IS YOUR RESPONSIBILITY TO INFORM ME SO THE NEXT LIFTER CAN BE MOVED UP!**

**This must be done by Wednesday,February 20th, 2019 by NOON or your school will be charged the lifter fee!**

**Flight and Platform Assignments**

**Platform 1 Platform 2 Platform 3 Platform 4 Platform 5**

**Flight 1: 97’s Flight 1: 114’s Flight 1: 148’s Flight 1:198’s Flight 1:259’s**

**Flight 2: 105’s Flight 2: 123’s Flight 2: 165’s Flight 2:220’s Flight 2:259+ Flight 3: 132’s Flight 3: 181’s**

**Information for Spectators:**

- $5.00 admission for all spectators **No Spectators will be allowed on the Gym floor**

-Programs Available for purchase

Please contact me via email or at the number posted on the website if I can be of assistance.

Thanks for all that you do,

Jamie Humphries

Assistant Principal/ Athletic Director/ THSWPA Director Region 1 Division 3