**2016 Girl’s Region I Division 3 Meet Information**

**DATE:** Friday, March 4th 2015

**PLACE:** Irion County High School

**FEE:** **$35 per lifter** (Checks to: **Irion County Powerlifting**) you will get a receipt for the required fees. Entry fees for the regional meet can’t be charged, you must have the money at registration.

**PAPERWORK: ELIGIBILITY FORM & REGIONAL/STATE RELEASE FORM** found on website (steroid affidavit and second eligibility form required for state meet, also **scholarship applications**). You have to turn all of these in at the regional meet registration.

**WEIGH IN:** Thursday – 5:00 p.m. - 7:00 p.m.

Friday – 6:00 a.m. - 7:30 a.m.

**JUDGES MEETING –** 8:00

**COACHES MEETING –** 8:30

**NATIONAL ANTHEM –** 8:55

**LIFTING STARTS –** 9:00

**MEALS**: Each school will receive 2 tickets for coaches’ lunches, if you need an extra ticket or will only need 1 ticket please let me know so that I have an accurate count. Lunches for athletes will be set up through Irion County Athletics Booster Club. Lunch meal deals through the concession stand will be $7.00, please let me know by 1:00 Monday, March 2nd how many meal deals and coaches’ tickets you need for lunch.

**Direction for meet and weigh in**: Weigh in will be at Irion County High School Gym. If you’re coming from San Angelo, turn right on Fleming and left on 4th Street and you’ll see the gym. If you’re coming from the Big Lake side, turn left on Fleming and left on 4th Street.

**This will be a 3 platform meet**

The top 10 lifters from each weight class will be taken in each division and 2 alternates.

Declarations for multi weight class qualifiers is Monday February 23rd by 4 pm or they will be put in the higher weight class.

If your lifter is not going to lift at regional for any reason:

**IT IS YOUR RESPONSIBILITY TO INFORM ME SO THE NEXT LIFTER CAN BE MOVED UP!**

**This must be done by Wednesday, February 25th 2015 by NOON or your school will be charged the lifter fee!**

**Information for Spectators:**

- $5.00 admission for all spectators **No Spectator will be allowed on the gym floor**

- Programs will be available

T-shirts will be sold at weigh-ins and on the day of the meet. The price for the shirts will be $15.00 and dri-fit shirts will be $20.00

Any questions contact me via email or at 806-893-3663.

Thanks, Cody Hogan