**THSWPA**

**Region 1 Division 1 & 2 2014 Letter**

Coaches,

 My e-mail address is fhoward@mwpisd.esc18.net if you have not gotten an e-mail from me in the past please send me a message so I can add you to my contact list. The new web site is up and running. (thswpa.com) It is still a work in progress but the information that you need at this time is there.

Here is some other information that might be helpful:

Work Phone: (432) 943-3421

Fax Number: (432) 943-2668

 Please let me know if you are hosting a meet this year. Results need to be emailed to me by 4:00 p.m. on the Monday following your meet.

**Results:** We will only use the PowerScore system for the rankings again this year. This is a free down load and is a very easy system to use at the meets. All meets must use this form and send it to me in this format. Results sent to me in any other format **WILL NOT** be included in the rankings.

**Dues:** Boys and Girls dues are sent to different places so please inform your business department accordingly. State dues are $75.00 and must be post marked by February 1, 2014. Late dues will be $200.00 and will only be accepted until February 15, 2014. Any dues postmarked past that date will be returned and your lifters will be disqualified from the Regional meet. Please make sure your business department is also aware of this deadline. Complete the registration form and send it along with payment to:

**THSWPA**

**14 Sagua CT**

**Brownsville, Texas 78526**

\*\*\*\* Note If you have already sent it to the Port Isabel address it will be forwarded to our business manager but the address will need to be changed with your business offices for future references

**Last Meet:** The last qualifying date will be Saturday, February 15, 2014. All judges MUST be certified for a last qualifying meet. All results from the last qualifying date must be sent to me by midnight, February 16, 2013. **Weight class declarations must be made by 4:00 p.m. on Monday, February 17, 2014.** If I do not hear from you and you have a lifter who is in the top 10 in two weight classes she will be placed in the heavier weight class.

 **Regional Meet**: The Division 1 (4A & 5A) and Division 2 (3A) meet will be Saturday, March 1, 2014 at Fort Stockton HS The entry fee this year will be $35 per lifter. Tickets at the door are $5. We will send out more details as the meet gets closer.

**State Meet:** The state meet will be in Corpus Christi on March 14-15, 2014. The 3A and 4A

girls will lift on Saturday and the 1A, 2A and 5A girls will lift on Friday. Entry Fee is $35 per lifter, extra wrist bands will not be available.

**Rule Clarifications:**

The rule book is posted on the site. We did our best this summer to try and fix certain issues.

**Qualifying for Regional and State Competition:**

The top 10 lifters from each division will qualify for Regional competition. There are three ways to qualify for Regionals: be in the top 10 of your weight class for your division, reach your weight class’s automatic total or be the top lifter from your UIL classification.

There are three ways to qualify for State: place in the top two at Regional competition, reach your weight class’ automatic total at the Regional meet, or be the top lifter in your UIL classification at the Regional meet.

Good Luck to you all and I hope to see you around at the meets.

 If any rules questions or general concerns please Call or email me. (432) 923-1609 or fhoward@mwpisd.esc18.net

Fred Howard

THSWPA

Region 1, Division 1 and 2 Director

Monahans HS