***THSWPA***

***2023 STATE CHAMPIONSHIPS***

**COMERICA CENTER**

**2601 AVENUE OF THE STARS**

**FRISCO, TX 75034**

***ENTRY FEE $35 PER LIFTER***

***CHECKS PAYABLE TO***

***THSWPA***

***packets will include***

***1 wrist band (coach) more than number of lifters up to 4 wristband max***

***state qualifying lifters will receive wristband upon being weighed in***

***you may purchase up to 2 wrapper wristbands per team @ $10.00 each at registration***

***parking for each day is $10***

***state meet itinerary***

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| ***tuesday night march 14th***  **weigh ins**  **1A/2A – 3:00 – 5:00**  **6a – 4:00 – 6:00** | |
|  | |
| ***wednesday march 15th***  **1a/2a –** weigh ins am **5:30 – 7:00**  judges meet at **6:45**  coaches meet at **7:15**  **1a/2a –** competition starts at **8:00**  lunch break **12-1**  holding / warm-up area open @ 11:00  **6a –** weigh ins **11:00 – 12:30**  **6A** – competition starts at **1:30** pm  ***early weigh ins 3A***  **3A small – 3:00 – 5:00**  **3A big – 4:00 – 6:00** | ***thursday march 16th***  **3A small –** weigh ins am **5:30 – 7:00**  judges meet at **6:45**  coaches meet at **7:15**  **3A small –** competition starts at **8:00**  lunch break **12-1**  holding / warm-up area open @ 11:00  **3A big –** weigh ins **11:00 – 12:30**  **3A big** – competition starts at **1:30** pm  ***early weigh ins 4A***  **4A small – 3:00 – 5:00**  **4A big – 4:00 – 6:00** |
|  | |
| ***friday march 17th***  **4A small –** weigh ins am **5:30 – 7:00**  judges meet at **6:45**  coaches meet at **7:15**  **4A small –** competition starts at **8:00**  lunch break **12-1**  holding / warm-up area open @ 11:00  **4A big –** weigh ins **11:00 – 12:30**  **4A big** – competition starts at **1:30** pm  ***early weigh ins 5A***  **5A small – 3:00 – 5:00**  **5A big – 4:00 – 6:00** | ***saturday march 18th***  **5A small –** weigh ins am **5:30 – 7:00**  judges meet at **6:45**  coaches meet at **7:15**  **5A small –** competition starts at **8:00**  lunch break **12-1**  holding / warm-up area open @ 11:00  **5A big –** weigh ins **11:00 – 12:30**  **5A big** – competition starts at **1:30** pm |